

Pre-School Pages



A newsletter for parents of pre-schoolers
packed with food, facts & fun
from your local county extension office

**Cooperative
Extension Service**
(Your) County
Street address
City KY zip-speed
(000) 000-0000
Fax: (000) 000-0000
www.ca.uky.edu/ces

May 2016

Celebrate

Mother's Day

Mother's Day is a holiday honoring motherhood. In the United States, Mother's Day was created by Anna Jarvis in 1908 and it became an official U.S. holiday in 1914.

Throughout the world, Mother's Day is celebrated in various forms. In the United States, Mother's Day most commonly falls on the second Sunday in May. Traditionally mothers and other women are presented with gifts and/or flowers for Mother's Day. Families might also celebrate this day by helping mom out on some of her regular activities or by cooking her a big dinner to celebrate her on her special day. Use this day to be thankful for all the mothers around the world and especially your own.



Let's Eat

Fruit Bouquets

What you will need: blackberries, grapes, watermelons, golden honeydews, and toothpicks.

1. Using a melon baller, make watermelon balls.
2. Layer blackberries, grapes and watermelons on top.
3. Use flower cutter to cut out flowers from honeydew melon.
4. Using a toothpick, use the blunt side to skewer the flower and then stick it into the fruit. I used grapes to anchor the flower, since they were the firmest fruit in the cup.
5. Cut a blueberry in half. You don't need anything to stick them on, just place them in the middles... the suction of the berry and the melon is enough to keep them on.
6. Cut a green grape in half and trim them so they have a leaf shape.
7. Place grape "leaves" at the base of the stem, using other fruit to prop them up.



Source: onecraything.com

Play Time

Made with love Mother's Day Cards

Supplies:

- Regular and mini sized cupcake liners
- Buttons
- 5-inch by 7-inch blank cards
- Green crayon (we also used green cardstock paper)
- Tacky glue
- Glue stick
- Markers



Directions:

1. Start writing "Happy Mother's Day" onto the bottom right corner of your blank card. You can use any color marker for this.
2. Next glue a regular size cupcake liner onto the card with your glue stick. I left the edges unglued so they popped off the card some.
3. Take another regular sized cupcake liner, fold it in half and trim it down a bit. You can make the edge curvy, or make slits along the edge around the liner. However you want to customize your flower. Then glue it down on top of your other cupcake liner.
4. Layer your flower one more time by gluing a mini cupcake liner on top.
5. Glue a few brightly colored buttons in the center of your flower.
6. Finish your flower card by drawing a stem on your flower with your green crayon. We made a few variations of the stem. You could also use green cardstock paper for the stem, or green buttons.

Source: iheartcrafterthings.com

Dollars and Sense

Family Communications about Money

Children learn about money by watching their parents. They also learn by practicing money management. Children who take part in regular discussions about using the family income learn how to make decisions. Children influence the family's spending even if they do not earn money. The wants and needs of children are a part of the family budget. So, how can a parent help a preschooler, a school-ager, or a teenager to become responsible with money?

Small children learn by touching, not just talking. Provide your child with a choice among three items in a store. Accept the child's decision. Then, let your child hand the sales clerk the money. Your child has then made a simple decision and spent money. If your child is disappointed with his/her choice don't give them more money. We all learn from failures, too. Help your child understand how jobs and money work together to meet family needs. Members work because the family needs or wants food, clothes, toys, etc. Allow your child to do small chores, without pay. This teaches your child that he/she is part of the family and therefore shares in the workload.



Source: Jennifer L. Hunter, Extension Specialist for Family Financial Management, University of Kentucky, College of Agriculture

Sincerely,

Jill Harris

County Extension Agent for
Family & Consumer Sciences