

# Pre-School Pages



A newsletter for parents of pre-schoolers  
packed with food, facts & fun  
from your local county extension office

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## Life Savers Firework Safety



### Leave Fireworks to the Professionals

- The best way to protect your family is to not use any fireworks at home. Instead, attend public fireworks displays and leave the lighting to the professionals.
- If you plan to use fireworks, make sure they are legal in your area.

### Be Extra Careful With Sparklers

- Little arms are too short to hold sparklers, which can heat up to 1,200 degrees. How about this? Let your young children use glow sticks instead. They can be just as fun but they don't burn at a temperature hot enough to melt glass.
- Closely supervise children around fireworks at all times.

### Take Necessary Precautions

- Do not wear loose clothing while using fireworks.
- Never light fireworks indoors or near dry grass.
- Point fireworks away from homes, and keep away from brush, leaves, and flammable substances

## Be Prepared for an Accident or Injury

- Stand several feet away from lit fireworks. If a device does not go off, do not stand over it to investigate it. Put it out with water and dispose of it.
- Always have a bucket of water and/or a fire extinguisher nearby. Know how to operate the fire extinguisher properly.
- If a child is injured by fireworks, immediately go to a doctor or hospital. If an eye injury occurs, don't allow your child to touch or rub it, as this may cause even more damage.

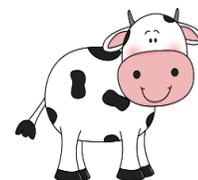
Source: <https://www.safekids.org/tip/fireworks-safety-tips>

## Celebrate

Independence Day is not the only day in July to celebrate. Plan an activity around other fun holidays this month.



- July 7: National Macaroni Day
- July 10: Teddy Bear's Picnic Day
- July 11: Cow Appreciation Day
- July 13: International Puzzle Day
- July 16: National Ice Cream Day
- July 29: National Dance Day



# Let's Eat

## American Flag Toast

### Ingredients:

- 1 piece of toasted bread
- Banana slices halved
- 9 blueberries
- 1 tablespoon of jam (raspberry or strawberry)
- 1/2 oz. of cream cheese



1. Spread cream cheese on the toasted piece of bread.
2. Spread jam on toast, leaving a small square on the upper left hand corner.
3. Place the blueberries in 3 even rows in the upper left hand corners to resemble the stars of the flag.
4. Place banana slices on top of strawberry jam in straight lines. Enjoy

## Play Time

### Picnic Games



### • What's Inside?

Secretly place an object in a picnic basket. Have your children guess what the object is from the clues that you give them. For example, if you have hidden a ball in the basket, give your children clues such as these: "It is round. It bounces. You play catch with it."

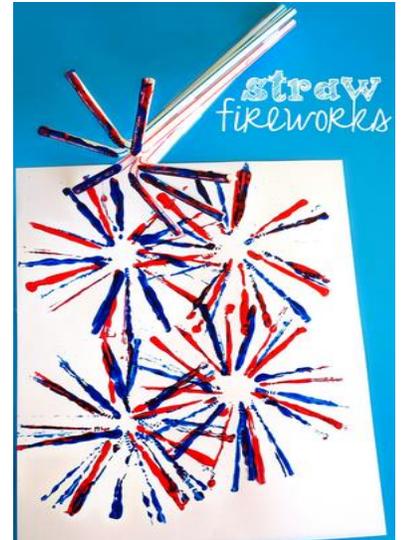
- **Picnic Blanket** Spread out a blanket and place picnic items on the blanket. Then have the children pretend to take a nap and close their eyes. While they are "asleep," take away one of the items. Have the children wake up and guess which item is missing. To make the

game more challenging, take more than one object each time.

## Straw Fireworks

### Items Needed:

- 7 Bendy Straws
- Tape
- Paper Plate
- Red Paint
- Blue Paint
- Paper



Start by stretching out the straws as far as they can go and group them together in your hand. Spread out the top of the straws so they are sticking out.

Put a piece of tape around the bottom of them as you're holding them. Let go and put another piece right under the top.

Have the kids dip the straws into blue paint first and stamp it all over the paper. If the paint doesn't show up great, have them press each straw individually against the paper. Add some red paint and your fireworks are done! Add some glitter if you want some sparkle to them.

Source: <http://www.craftymorning.com/fireworks-craft-kids-using-straws/>



Sincerely,

Extension Agent for

