### 4-H YOUTH DEVELOPMENT





# 4-H News

Cooperative Extension Service

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# 4-H Shooting Sports Starts Up May 1



The 4-H Shooting Sports season will start up on May 1nd at 5:30

p.m. at the Todd County
Gun Club located at 520
Gun Club Road, Guthrie.
(it's on the short cut road
between Elkton and Trenton). The certified coaches
will hold the safety
meeting and shooting
demonstrations at their
ranges, paperwork can be
completed and all firearms

and ammunition will be inspected. Shooters should bring ear and eye protection and ammunition for their firearm. If vou are new to this club and don't know what to bring, just attend the meeting and you'll receive all the information needed. This club is for 9 year olds (as of Jan. 1) through 18 year olds. Practices will be held every Thursday at 5:30 p.m., starting May 1 through the first week of September. (State shoot is Sept. 12-13). If you

have questions about this program, attend our "Kick-Off" meeting on May 1st to get the scoop and get involved in this great 4-H Club!

#### 4-H Aerospace Camp

Let's go fly on Friday, June 6th (rain date—June 7)...youth in grades 6th - 12th are invited to attend the 4-H Aerospace Day Camp. Cost to attend is \$120. You must register at the 4-H office by May 8th.



### 4-H Fair!

April 2025

Have you made a craft, woodwork or taken cool pictures this year? Check out the 4-H Fair Information and get rewarded for your handy work!

### Night of the Arts

The TCCHS and 4-H Night of the Arts is set for Monday, **May 5th** at the TCCHS Auditorium. The 4-H Performing Arts Troupe and TCCHS Choir will perform along with local 4-H youth. If you are interested in singing, sign up with the 4-H office by April 21st!



Lexington, KY 40506

Area Horse Camp

An Area 4-H Horse Camp is set for Saturday, May 10th at the new Todd County Extension arena. This camp will offer riding classes for youth as well as horse education for kids who don't own a horse. The 4-H Horse Club and other youth in the county are invited! Sign up with the 4-H office.

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#### Cooperative Extension Service

Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

#### MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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### County 4-H Talk Meet & Area 4-H Communications Event

The County 4-H Talk Meet & Demonstration Contest is set for Thursday, April 17th at Elkton Baptist Church during the school day. The deadline to sign up to talk is April 9th, so if you had plans to do a speech or demo be sure to e-mail Imccuist@uky.edu and include your name, title of presentation and birthdate. The 4-H members who win the county contest in their age or division will move on to the

Area 4-H Communications Contest on Thursday, May 8th in Christian County. Also, anyone presenting a speech or demo will receive a 4-H "Talk Meet" t-shirt and will be eligible for awards! Don't forget—Demonstrations need to have 3 posters along with props in your presentation! Speeches are prop-less!

Talk it up!



# Teen Council

The 4-H Teen Council is for any youth between the 8th - 12th grade. Teens in 9th - 12th grade

may volunteer as a teen camp counselor at 4-H camp, but must have attended a teen council meeting within the year to qualify. Our last meeting is Monday, April 21st at the 4-H Office from 3:15—4 p.m. See ya there!



# Teen Conference

Attention 8th - 12th graders! The 4-H Teen Conference is **June 10-13 on UK's campus**. Paperwork and forms for

this conference are available from the 4-H office. This conference is an outstanding leadership opportunity full of fun, educational and handson workshops, energetic assemblies, a 4-H Prom and so much more! The conference fee is around \$250 for the 4 day event. Forms will be due mid May to the 4-H office!



### Summer 4-H Camp

Summer 4-H camp is set for **July 14th—18th, 2025**. Camp forms were handed out at the schools in March to all 3rd, 4th and 5th graders and are available in the cafeteria at TCMS for 6th - 8th graders! Camp forms along with a \$50 downpayment are due to the 4-H office by **May 23rd**. Once you pre-register, you'll receive another packet of forms and information about camp. These forms and final payments are due back to the 4-H Office **by June 24th**. Scholarship



applicants will be notified by June 5th. If you are a teen between 9th - 12th grade, you can apply to attend camp as a teen camp counselor, but must be a member of the 4-H Teen Council to be eligible. Adults (over 18) interested in attending, must fill out a volunteer application and have a background check run. Hope to see you at 4-H Camp this summer!

## **Enter Your 4-H Work in the Fair**



Don't forget that you can exhibit 4-H projects in the county 4-H fair this year! The 4-H fair is set for July 29-31. You can bring your projects to the Extension Office on <u>Tuesday</u>, July 29th to place on exhibit and receive premium money for your hard work. The 4-H Fair will accept any entries that fall into the State Fair 4-H categories. These projects must be work that you have completed during

the 2024-2025 4-H/school year. You can enter art work, wood work, foods, sewing projects, folk art, leather crafts, geology collections, insect collections, photography, crafts and much more. The Kentucky State Fair is August 14th—24th this year. TC 4-H will send the winning projects from the county to the state fair. Check out the fair catalog at the following link...

http://4-h.ca.uky.edu/content/state-fair-catalog



# 4-H Cloverbud Camp

The West Kentucky 4-H Camp offers a 4-H Cloverbud Camp for <u>5–8 year olds</u> and their par-

ent(s) to attend full of canoeing, crafts, fishing low ropes challenges, recreation and swimming. This exciting weekend is set for <u>June 20-22</u> in Dawson Springs, KY. Adults must have a background check run through the Todd County Extension Service and attend with their child. Applications are available from the 4-H office and are due by May 13th. The cost to attend is \$170 per Cloverbud (kid) and \$160 for each parent/adult. Join this fun adventure!



### W3 & W4 Area Teens

The W3 & W4 Area Teens are taking a trip to Holiday World on May 27 - 28! Registration for this trip is due by May 5th to the 4-H office. Teens between 7th - 12th grade must have attended at least one area 4-H teen meeting this year to be eligible to attend this "rewards" trip. The cost to attend will be around \$75.00.

Jakay World

Get involved in a 4-H club that interests you and start working on a fair item to submit!

Happy Spring!



Sincerely,

Lee Ann Mc Cuiston

Lee Ann McCuiston
County Extension Agent
For 4-H Youth Development

# **April Calendar**

Mar. 31 - April 4 - Spring Break April 9 4-H Cloverbud Club - 3:15 - 4:30 p.m. April 9 4-H Performing Arts Troupe - 3-4:30 p.m. April 9 4-H speeches/demos due to office (name, title, age, birthdate) April 15 4-H/FCS Homeschool Club—9-11 a.m. April 16 4-H Down to Business Day (Entrepreneur Youth) - 9 a.m.—1 p.m. April 16 4-H Performing Arts Troupe - 3-4:30 p.m. April 17 4-H Talk Meet - 11 a.m.—2:30 p.m. Elkton Baptist 4-H Teen Council Mtg. 3:15 - 4 p.m. April 21 April 30 4-H Performing Arts Club - 3-4:30 p.m. May 1 4-H Shooting Sports Kick Off Information Mtg. - Gun Club @ 5:30 p.m. May 5 **Area Teen Holiday World Trip Due!** May 5 Night of the Arts - TCCHS (4-H Performing Arts to Perform) May 8 Area 4-H Communications Event—Christian County - 6 p.m.

4-H Area Horse Day Camp - Extension Arena

Teen Conference forms & fees due!

# The 4-H Thrive Model

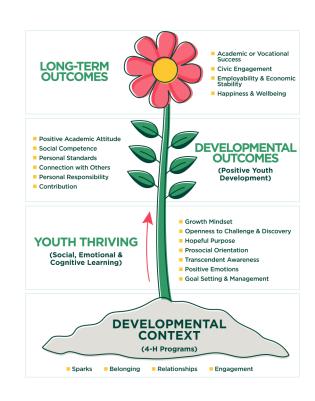
4-H/YSC Reality Store

May 9

**May 10** 

**May 16** 

Ever wonder what getting involved in 4-H does for a child/youth? This model is our 4-H Thrive Model. The 4-H program is the soil (see bottom). When we pour into our child/youth—they begin to grow and thrive (the stem); they begin to show developmental outcomes (the leaves) and finally—they become a productive citizen (the flower) - achieving academic & vocational success, giving back to their community, living a happy, healthy life!





#### 4-H Project Ideas

Each Exhibitor may enter only two (2) classes in Section A, B & C for a maximum of 6 entries in the arts division per 4-H'er. All items must have been made since the last State Fair. Pictures should be framed and ready for hanging. Drawings and paintings must be framed. Plexiglas is preferred over glass. (more advanced art classes are available – contact the Extension office for full list) SECTION A - Arts Painting

#### a = junior level 4-H'er (9-14 years) b = senior level (15-18 years)

727ab. Acrylic: (pg.12) Using acrylic paint to create a painting.

728ab. **Water Color:** (pg.14) Using watercolors and a variety of techniques to complete a painting on watercolor paper.

729ab. Abstract: (pg.18) Using acrylic paints experiment with abstract designs to complete a painting.

730ab. **Sand Painting**: (pg.20) Sanded plywood or particle board. Explore painting with colored sand mixed with glue.

731ab **Self Portrait**: (pg.22) Using acrylic or watercolor paints. Complete a self- portrait using any drawing or painting technique. (use a medium of your choice)

732ab **Human Action:** (pg.24) Using acrylic or watercolor paints, capture human in action through the use of vivid colors, lines, and texture when painting.

733ab **Oil Painting**: (pg.26) Using oils on canvas or canvas board. Experiment with different techniques of laying oil to canvas to create a finished painting.

734ab. Oil Pastel: Using oil pastels on canvas or canvas board. Create a finished work of art.

#### **SECTION B**

#### Drawing

745ab Junior Black Pencil Drawing (pg.12) Drawing using a black pencil.

746ab. **Two Point Perspective:** (pg. 16) On sketch paper, draw a two point perspective that has a point at each end of a horizontal segment.

747ab. Circular Shape Object: (pg.18) Draw a subject to fit a circular shape.

748ab. Color Pencil: (pg.20) Draw with colored pencils.

749ab. Pen and Ink: (pg.22) Sketch animals or other objects using pen and ink. (no markers)

750ab **Junior Hand Lettering (Calligraphy):** (pg. 24) On 8  $\frac{1}{2}$  by 11 paper, rewrite a quote, poem or pledge using Calligraphy. Make sure to include the author on the piece.

751ab Cartooning: (pg.27) Cartooning is a simple process of making line drawings showing sequential motion. Create your own cartoon character showing motion. Must create at least three blocks.

#### Sculpting

757ab Clay Container: (pg.55) Create an item from clay either self-hardening or firing required.

758ab. Clay Bust: (pg.57) Sculpt a head with facial features out of clay.

759ab **Mask**: (pg.61) Create a mask using clay emphasizing unique form and texture to portray feelings.

760ab. **Cardboard Sculpture:** (pg.65) Create a piece of textured relief sculpture using corrugated cardboard stacked and glued together. Sculpt with an Exacto® knife

761ab. Wire Sculpture: (pg.67) Using wire and other materials (nylon, cloth, beads, etc.)

762ab. Plaster of Paris Carving: (pg.69) Using a plaster of paris block, carve a form.

#### Section C: Art Trends and Traditions

This section will be highlighting the latest trends in art while honoring our heritage. Heritage arts will have specific areas as well as an "Other" category for both junior and senior classes. Documentation for the Heritage Arts Classes is REQUIRED. If required documentation is not attached the item will be disqualified. You may enter two entries per year in this section.

#### **Trends**

763ab **Art Trends** – **Mixed Media Canvas**. Mixed media is defined employing more than one medium. Examples include decoupage and paint; pencil and water colors; fabric, paint and paper. Canvas size is open to artist.

<u>763c</u> **Basket Making –** natural materials, any size, shape or design. Non-natural materials may be woven into design.

763e. **Jewelry** – one piece of jewelry created by youth (jewelry quality only). No kits or pony beads allowed. 763g. **Leather craft** – item made from leather. May or may not be tooled. Kits allowed.

#### Heritage Arts

764ab **Heritage Arts** -According to various sources, heritage can refer to practices or characteristics that are passed down through the years, from one generation to the next. Kentucky 4-H believes in celebrating one's heritage through recognition of art that may be representative of one's culture Examples may be baskets, brooms, wood carvings, metal art, mini barn quilts etc.

### Home Environment - Unit I EXHIBITS from Exploring Your Home project book- Div. 6039

(exhibitors may enter up to 2 classes within One of the units 1 through advanced)

- **887 Color Collage** (p. 10, activity 3): A collage of color created by the member to depict colors liked by the member. A collage is made up of a collection of objects (such as paper, fabric, wrapping paper, wallpaper, carpet, or other materials) artistically arranged and adhered to a mat board or foam core board.
- **888 Texture Collage** (pp. 10, see activities 1 & 2): A collection of textured items or rubbings of textured items artistically arranged and adhered to mat board or foam core board.
- <u>889 Transparent finish applied to small wood object</u> (pp. 16): Apply a clear finish such as tung oil, penetrating seal or polyurethane which does not include stain to a small wood object such as a bowl, tray, board game or box. A transparent finish allows the wood grain to show through. Judging emphasis will be on how well the object is prepared for the finish and how well the finish has been applied. The wood object may be made by the member, made by someone else, purchased or found. Items that are stained or finished with paint do not fit in this class.
- **890** Simple cloth item for the home (Sewing machine may be used but is not required): Examples: decorative pillow, tablecloth, laundry bag, place mats; footstool with a seat made of woven fabric; fabric applied to an item such as a box, plate, or lampshade. Unacceptable: purses, tote bags, backpacks.
- 891 Wastebasket (pp. 14) decorated by member
- **892 Crate Bookshelf** (p, 14) designed and created by member
- **893** Bulletin board (If it is to be hung on a wall, it must be ready to hang with appropriate hardware)

#### Home Environment - Unit II EXHIBITS from Living with Others project book

- 894 **Decorative item for the home & photo:** decorative item created by the member as part of a 4-H Home Environment Project. Include a photo showing how the item fits into the home's décor.
- Simple wood item refinished by the 4-H member: Item should have straight lines with no elaborate carvings or turnings. (The idea is to learn how to apply a new finish such as paint, stain, varnish, polyurethane, etc. to a simple wooden furnishing that's already in use.) Documentation is to include a "before" photo with explanation of how the item was refinished; must be securely attached. Examples: refinished footstool, children's furniture, small box, tray, picture frame, bookshelves, and plant stand.
- 896 Cloth item for the home created using a sewing machine Examples: hemmed tablecloth or table runner, wall hanging, pillow, pillow case, throw, embellished towels, shower curtain, chair cover, laundry bag, pet bed, valence, and curtains. Unacceptable: purses, tote bags, backpacks, duffle bags.
- 897 Invitation and thank you letter/note: Design an invitation and thank you letter/note for a sleepover, birthday party or other occasion of your choice. Cards/letters may be created with computer software or handwritten. Decorations on the cards/letters may be member's original artwork, computer generated art, purchased or found decorative items. The message written in the card or letter is more important than the

decorations. Write your name and county on the back of each card/letter and place each card/letter in a plastic sheet protector.

#### Unit III EXHIBITS from Where I Live project book. (documentation required)

- Accessory for the home created by the 4-H member: This exhibit is to be made up of two parts: 1) the accessory and 2) a sheet or folder of documentation. Examples: stitchery or appliqué wall hanging, latch hook items, pillow with applied design (stitchery, appliqué or other media), rug, picture in appropriate frame and ready to hang.
- 899 Individual place (table) setting: This exhibit is to be made up of two parts: 1) one individual place setting appropriate to a theme or event chosen by the 4-H member and 2) a color photo or diagram of the place setting showing how it should be arranged. Include plate, beverage container(s), placemat, and napkin. Additional decorative item(s) are optional. All items that make up the place setting are to fit on the surface of the placemat. Flatware (knife, fork and spoon) must be included in the photo/diagram showing how all the items are arranged, but do NOT send flatware to the state fair.
- Piece of furniture refinished (stripped, sanded, and painted or stained/sealed) by the 4-H 900 member. This exhibit is to be made up of two parts: 1) the furniture and 2) Documentation is to include a "before" photo with explanation of how the item was refinished must be securely attached. Examples: rocker, table, chair or chest.
- Old or discarded item made useful in a new way as a home accessory: This exhibit is to be 901 made up of two parts: 1) the accessory and 2) a sheet or folder of documentation. Documentation is to include a "before" photo; an explanation of how the item was made useful again in a new way; materials used, cost and time involved in project. Examples: old silverware flattened and made into wind chimes; scrap wood pieces made into wall art; old lace doily attached to a pillow or framed; old tool box cleaned up and made into a TV stand. (for more home environment classes - contact the 4-H office)

**Photography Projects -** a 4-H'er can enter only 6 classes within one level per year. Horticulture photography: a 4-H'er may enter any of the classes in addition to general photography. See the Kentucky State Fair 4-H Catalog for full details on mounting instructions and sizes on Kentucky 4-H Website.

#### **Natural Resources**

764a Forest – Photograph showing Forest (large area dominated by trees) and/or Forestry Activities

764b Water – Photograph showing still or moving natural water system or water activity.

764c Wildlife - Photograph showing unrestrained and live wildlife in natural habitat; No Domestic animals 764d Natural Scenic – Photograph showing natural scene [manmade object not as subject of photograph).

764e Native Plants – 1 – 5 Photograph(s) of Kentucky Native Flora in natural area [not garden] - a plant that occurs naturally in the place where it evolved.

764f Insect – Photograph of insect(s) unrestrained and live in natural habitat

#### Agriculture

765a Livestock – Photograph uses livestock as the main subject.

765b Crops – Photograph uses crops as main focus.

765c Life Cycle – 1-5 photograph(s) clearly showing at least one phase of life-cycle (birth, growth, death)

765d Agriculture Scenic – Landscape photograph with agriculture as the main focus.

765e Farm Equipment/Implement – Photograph with agriculture equipment/implement as main subject.

765f Companion animal – 1 photograph with a companion animal as the subject.

#### Leadership

766a Formal/Candid Portrait – Photograph that shows a person as the main subject. [A formal portrait is not a snapshot but a carefully arranged pose under effective lighting conditions and a candid photograph is a photograph captured without creating a posed appearance.]

766b Urban Scenic – Landscape Photograph showing an Urban setting as the main subject.

766c Event – 1-5 Photograph(s) that are focused on a community event.

766d Service – Photograph that displays service learning (community service) as the main subject.

766e 4-H Event – 1-5 Photograph(s) that cover a 4-H event you attended.

766f National/International – 1-5 Photograph(s) that focus on a National or International experience.

#### **FCS**

767a Family - Portrait or Candid Photograph of family members or event

767b Food Preparation – 1 – 5 Photograph(s) showing meal or single food item preparation

767c Culture – Photograph showing unique perspective of local or global culture

767d Fashion Portrait - Portrait Photograph with modeled fashion as the primary subject

767e Patterns/Design - Photograph Showing Natural or Manmade Pattern / Design

767f Residential – 1 – 5 Photograph(s) showing residence or residential area from inside and outside.

#### SET

768a Mechanics – 1 – 5 Photograph(s) showing the applied concept of force and energy.

768b Architecture – Photograph showing the product of planning, designing, and constructing bldgs/structures

768c Energy – Showing the creation or expulsion of energy

768d Movement – 1 – 5 Photograph(s) of object showing movement [manmade]

768e Construction – 1 – 5 Photograph(s) showing the steps of construction for any built structure

768f Machinery/Equipment – Photograph showing machinery or equipment used in construction/engineering/repair.

#### Health

769a Physical Activity - Photograph that shows physical activity as the main subject.

769b Competitive Sports - Photograph that shows a sport as the main subject.

769c Healthy Lifestyle - Photograph that expresses healthy lifestyles as the main subject.

769d Healthy Foods – 1-5 Photographs focused on healthy food or meal choices.

769e Careers in Health – 1-5 Photographs that focus on Careers in the health and service fields (ex. Fire, law, medicine, emergency, education).

769f Dealing with Stress – Photograph that illustrates a hobby/interest that helps an individual reduce stress.

#### **Communications/Expressive Arts**

770a Music - Photograph showing music (written or performed)

770b Instrument/Art Utensils – Still life photograph using musical instruments or art equipment as subject 770c Cultural Arts Event – 1 – 5 Photograph(s) showing attended cultural arts event (Art Show, Musical Performance, etc.)

770d Arts Creation – 1 – 5 Photograph(s) with the design, construction, and/or creation of art as subject 770e Created Art in Your Community – 1 – 5 Photographs showing completed local art in your county. 770f Word(s) – Single word spelled out using built or natural environment or words within the community with personal significance or meaning.

#### HORTICULTURAL PHOTOGRAPHY CLASSES

771 Single black and white. Horticultural subject or activity. (Maximum size: 8" x 12")

772 Single color. Horticultural subject or activity. (Maximum size: 8" x 12")

773 Sequence of 4 photographs. B&W or Color representing a horticultural event or activity that tells a visual story, chronologically, without the use of words.

774 Horticulture collection (B&W or color), consisting of 6 photographs.

Other Entries (contact the Extension Office for full catalog)

Crops Cake Decorating Food Preservation

Vegetables Wood Science Needlework Tobacco Foods Crochet